



ANA IRIBAS RUDÍN

ART THERAPIST. GESTALT THERAPIST. INTEGRATIVE THERAPIST.

PROFESSOR AND RESEARCHER IN ART, PSYCHOLOGY AND CREATIVITY.

Ana Iribas has a BA, an MA and a PhD in fine arts. She has also an MA in art therapy and a diploma in first cycle of medicine (3 years), and has additional university studies in psychology.

She has training in psychology at: Universidad Complutense (Spain), University of California (USA), Esalen Institute (USA), Institute of Transpersonal Psychology (USA), SAT program in integrative therapy (Claudio Naranjo) (Spain), Escuela Madrileña de Terapia Gestalt (Spain) and other centres. She has received therapy and supervision of systemic, psychodynamic and Gestalt orientations.

In the field of fine arts, she is a visual artist and an adjunct profesor at the Dpt. of Painting, Faculty of Fine Arts, Universidad Complutense de Madrid. She has been an adjunct professor at the Advanced Course in Drawing of the Fondazione Antonio Ratti (Como, Italy), and a teacher of painting and sculpture in non-regular education in Spain. She has edited the book *La actitud del artista*.

In the field of creativity, she has coauthored, among other books, *Comprender y evaluar la creatividad. Un recurso para mejorar la calidad de la enseñanza* (Understanding and evaluating creativity. A resource for the improvement of teaching quality) (de la Torre & Violant, Eds.), has co-directed the summer course *Creatividad: una aproximación interdisciplinar* (Creativity: an interdisciplinary approach) and has lectured on creativity in PhD courses in psychiatry at the Universidad Autónoma de Madrid.

In the field of art therapy, she has been an adjunct professor, at the Universidad Autónoma de Madrid, of the course *Art, emotion and empathy* and a practicum supervisor, at the Máster Interuniversitario de Arteterapia y Educación Artística para la Integración Social (Inter-university MA in Art Therapy and Art Education for Social Integration). She has organised and/or participated in national and international conferences on art therapy or creative therapies, she has published on the subject in books or journals. She is a member of FEAPA (Spanish Federation of Professional Art Therapy Associations) and the AFIA (Ibero-American Forum for Art Therapy), where she has been chair of institutional and external relations. She has been a member of the research groups *Applications of Art in Social Integration: Art, Therapy*

and Social Inclusion (Universidad Complutense) and of the international group *Ariadne, Art for Intercultural Adaptation in New Environments*.

She has contributed to over 40 conferences on art, art therapy and the psychology of consciousness. In the field of art therapy:

- *VIIIth European ECArTE International Conference*, Madrid.
- *I National Conference on Creative Therapies*, Barcelona.
- *I Professional Research Encounters in Creative Therapies*, Madrid.

She has circa 30 publications in art, psychology and art therapy. A selection in the latter topic:

- *Art as therapy: Salvador Dalí in the light of psychoanalysis*, In Line Kossolapow, Sarah Scoble & Diane Waller (Eds.): *Arts-Therapies-Communications: European Arts Therapy: Different Approaches to a Unique Discipline. Opening Regional Portals*. Münster: LIT Verlag, 2005.
- *Nicosia* (Coordination, with Amaya de Andrés). Madrid: Draher Gestión y Comunicación, 2006.
- *Nicosia. Una experiencia de arteterapia en un centro de día de salud mental. (Nicosia. An art therapy experience in a mental health day care centre.)* (Coauthored with Amaya de Andrés.) *Arteterapia. Papeles de arteterapia y educación artística para la inclusión social* (Art Therapy. Papers of Art Therapy and Art Education for Social Inclusion), vol. 2, 2007, pp. 181-198.

She is also a translator and an interpreter. Her mother tongue is Spanish; she is fluent in English, Swedish and French and has an intermediate level in Italian and German.